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# Break Free From Alcohol Today: Hypnosis, Meditation, And Affirmations



## Synopsis

Address your cravings for alcohol today! Discover what triggers your consumption, and get tools for self-control. With this powerful hypnosis and meditation program, you can bring more determination and positive energy into your life. Motivational Hypnotherapy is proud to introduce the incredible voices of Joel Thielke and Rachael Meddows. These two world-renowned hypnotherapists have combined their talents and years of hypnotherapy experience to create a one-of-a-kind program that will specifically help you remove negative thinking, self-doubt, and other blocks that may be holding you back from feeling truly happy and joyful and living a stress-free life. With this program, you will be well on your journey to positive change. Hypnosis is an incredibly powerful tool, and we know you'll see results. This program includes the following tracks: About Hypnosis Break Free from Alcohol Today - White Light Induction - Joel Thielke Break Free from Alcohol Today - Dual Induction - Joel Thielke Affirmations - Joel Thielke Affirmations - Rachael Meddows Break Free from Alcohol Today - Garden Induction - Rachael Meddows Break Free from Alcohol Today - Beach Induction - Rachael Meddows Music Track Break Free from Alcohol Today - Deep Sleep Induction - Rachael Meddows Break Free from Alcohol Today - Deep Sleep Induction - Joel Thielke Don't let alcohol control your life. Take charge today, and see the difference.

## Book Information

Audible Audio Edition

Listening Length: 4 hours and 57 minutes

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